

Novak/Sancinito Learning Day from Home Day 28: The Earth

We are two Mommas/educators trying to support continuation of learning in our homes. Join us!

	Task	Details
Before 9:00am	Wake Up	Eat breakfast, get dressed, brush your teeth! Once you complete all these tasks, you can have free time until 9. PBS has a collection of Earth Day shows for little ones!
9:00-9:30am	Get moving!	 Options: Outdoor options only today try to get out regardless of the weather! Take a walk and reflect on the beauty of nature. Be outside, listen to the birds and feel grateful. Did you know that 29% of all plastics have ended up in landfills or in the environment? Register your plogging activity and get moving! Earthday.org identifies plogging as a combination of Swedish words <i>plocka</i> (to pick up) and <i>jogga</i> (to jog). Get moving and pick up litter at the same time! Take pictures on a nature walk. Use these pictures later on for one of your learning options.
9:30-10:30am	Universal Design for Learning! Theme: Earth Day	 If your teacher shared any work for ELA or social studies, dive in now. Today we celebrate Earth Day! Earth Day started in April 1970 when people took to the streets to demand a new way forward for our planet. Join us in engaging in this civic event to celebrate our world and to advocate for our planet. First, we will learn more about the history and importance of Earth Day. Options: Check out this brief PBS video to learn more. Watch the original Earth day broadcast with Walter Cronkite from 1970. Read about history of Earth Day from EarthDay.org Options: Learn about the state of the earth with these interactive graphs. Identify 2 new facts, 1 question and 1 thing that surprised you. Use EPIC to explore Earth Day books at your just right level. Read How To Be An Environmental Advocate During

If you have any questions: Katie Novak, @katienovakudl, <u>katie@novakeducation.com</u> Alison Sancinito, @Teach_Sancinito, <u>Alison Sancinito@gmail.com</u>

		 <u>COVID-19 on NewsELA</u>. Write or create a "How-To" to teach someone about what you learned. Learn about the science behind <u>solar cookers here</u> and <u>watch a video about how solar ovens are helping in third world areas</u>. Sketch out a solar cooker design. Write an explanation about how your design works and why it helps the environment. Use creative time later to test it out! Watch this <u>SciShow Kids episode</u> with ways you can make the world a better place. Write a plan outlining the steps people should take. Learn more about the mysteries of our planet with these <u>resources from Mystery Science</u>. Jot down notes or sketch what you learned. Be prepared to share during today's connect time.
10:30-12:00	Free Time/Recess	Decide as a family if free time/recess is best before or after lunch. Free time is when the kids are in charge. All screen-free choices are honored here. Consider planting something today!
12:00-12:30pm	Lunch	Eat something green in honor of our planet!
12:30-1:00pm	Helping Job	You guessed it. Today is about helping our world. Reflect on what you learned today and take action in your own backyard. Help with the garden or clean up the woods near your house.
1:00-1:30pm	Connect	Use this time to connect with friends or family. Today's challenge is to call three people you love and make sure they are registered to vote. One way to care for our planet is to vote for people and policies that protect it. Educate everyone! Let people know something they can do to help our earth.
1:30-2:30pm	Creative Time	 Options: Make an <u>Earth Day window sign</u> to inspire others to take action. Make a <u>recycled materials robot</u> or build an outdoor fairy house. Little ones will love this <u>coffee filter</u> earth project. Lots of additional <u>Earth Day art ideas here!</u> Make a digital collage celebrating Earth Day from your nature walk pictures. Share it with your teacher.
2:30-3:30	Universal Design for Learning!	If your teachers sent you any work for STEM (science or math), review that work and complete it at this time. When you are done, check out the resources that follow. Today is all about taking civic action to protect our world. Try one or more of the actions below. Be sure to write and share your own call to action through social media! #earthday2020 #climatechange #earthdaylive #savetheplanet

		 Options: Become a science citizen! <u>Download the Earth 2020 app</u> (Google and Apple) to figure out the air quality in your neighborhood and to track plastic pollution. Your results will add to the global database to help us to better understand the current conditions and to identify the problems. Do a <u>plastic audit of your house</u>. Talk to your family about improvements that can be made based on what you learned. Share your vision for our world and the steps we can take to protect our environment through a creative platform like music or art. Create a persuasive and powerful piece and share with it everyone you love! Write an email or mail a letter to a local government official making sure they know the important issues facing our planet. Do you have your own idea on how to "Act Green"? <u>Share your idea here</u> to join the Green Movement. Use this time to write up a plan. Use your afternoon time to make it happen!
3:30-4:00	Free Reading	 Options: Join Epic (free for 30 days) and search the large collection of books about animals, plants and nature at your just right reading level. Read outside under the sun, under a tree or in the grass!
4:00 - 5:30pm	Outside/Indoor Playing	This is kid time (i.e, Parents check email or chat on the phone time). Time to run free! Start a game or join one your sibling wants to play.
5:30-6:00pm	Dinner	Devices not allowed during dinner! Eat together and share highs and lows from the day.
6:00-6:30pm	More fresh air	Options: Family walk, bike ride, family soccer game or lacrosse. Kids vote.
6:30-8:30pm	Free time	 You can use technology if you were cooperative with everything else during the day. We recommend Our Planet on Netflix or Disneynature on Disney+ to explore our world. Everyone has to take a shower to clean off germs during this window. 8:30pm bedtime!