HOW TO SPOT THE EARLY SIGNS OF MOBILITY LOSS

**Difficulty Standing**
Often the first sign of pet mobility loss is struggling to stand from laying down. A simple rear support leash can give your pet the boost they need to stand up.

**Sudden Loss of Balance**
Another early sign of mobility changes. Older dogs may sway or stumble suddenly when standing or going to the bathroom.

**Needing Help on the Stairs**
Reluctance to use the stairs may mean your dog needs your help. Aching joints, muscle loss, or weakening strength can make stairs a challenge for older pets. They may need extra support to safely and confidently navigate stairs.

**Difficulty Getting In and Out of the Car**
Jumping in and out of your car was never a problem, but suddenly your dog seems scared to try on their own.

**Scraping Nails or Dragging Paws**
Mobility loss in senior dogs begins in the back legs. You may even hear this happening before you see it.

During your daily walk, listen for scraping nails on the pavement. This may happen only occasionally. Be sure to also check your dog’s paws after walks. Uneven wear on your dog’s nails is often a sign your dog is struggling with their paw placement. Other dogs may scrape the tops of their paws, leading to patches of missing fur or even scrapes and wounds.

Changes in your dog’s mobility is nothing to worry about. Pay attention to your dog’s changing needs, help when you can and let your vet know about any significant changes. With some small changes to their life, and help from you, your senior dog will continue to live a happy and active life.

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