

With Visiting Angels you will find peace of mind knowing you or your loved one is cared for with the right care and the right caregiver.

Visiting Angels, the most recognized and respected name in home care, has franchised home care offices serving hundreds of thousands of families in their homes across the nation. We are America's Choice In Home Care® providing affordable and professional care, servicing seniors and adults. By partnering with Visiting Angels, older adults can continue to live at home, safely and comfortably.

### **How We Can Help**

Caregiving can be stressful, especially for family members caring for their loved ones. Visiting Angels offers solutions to bring you peace of mind.

#### **Senior Home Care**

Most seniors prefer to stay in their own homes. Our services promote dignity and independence, enabling older adults to live in their home with assistance and to maintain daily routines.

#### **Respite Care**

Family caregiving is a big commitment, and often takes an emotional and physical toll on the whole family. Respite Care is available for families who need just a few hours or a few days to recharge and return with a fresh perspective.

#### **Transitional Care**

If you or a loved one has been recently discharged from a hospital or rehab, we offer Transitional Care—making the return home safer and less stressful.

#### **End-of-Life Care & Specialized Care**

We also provide supportive End-of-Life Care and Specialized Care for Alzheimer's, dementia, and other degenerative diseases.

#### **Proud Partners for U.S. Veterans**

As veterans age, they can face different challenges than non-veterans, especially when they're coping with injuries or ailments connected to their time in the service. Qualified Vets may be eligible for home care benefits through the Veteran's Administration.

### **Locally Owned & Nationally Known**

The following services can be provided for a few hours a day up to 24/7 care.

Bathing & Dressing Assistance
Assistance with Walking
Medication Reminders

Errands & Shopping Light Housekeeping Meal Preparation Friendly Companionship Live-In Care Respite Care for Families Transitional Care End-of-Life Care & Specialized Care



#### **Experienced Angels**

We understand that you're searching for a qualified, professional caregiver who will treat you or your loved one with respect and dignity. Visiting Angels caregivers have a sincere desire to help and the training and skills you need. We run comprehensive background screenings on every caregiver, including state and federal searches, and we offer continuous caregiver training and development.

#### **Caregiver Matching**

We take pride in our ability to match the needs of your loved one with the skills and experience of our Visiting Angels caregivers. Once care begins, we continue to monitor the caregiver's performance through consistent telephone calls and in-home visits to verify satisfaction with the caregiver and the services provided. If for any reason you are unhappy with our recommendation, we will find a caregiver who better suits your needs.

#### **Always Here for You**

The families we care for aren't just clients to us, they become family. Visiting Angels has provided services to many of our families for years because we work hard to establish long lasting relationships with everyone involved.

Like family, Visiting Angels is always here for you. We are just a phone call away—available 24 hours a day, seven days a week. One of our local agency employees is always ready to take your call.

#### **Complimentary Visit**

Call us to schedule a free in-home consultation and begin the conversation about home care. We will meet with you or your loved ones in the comfort of your own home, where everyone is welcome to ask questions and provide input regarding care. After the consultation, we will create a personalized care plan to address your needs and preferences.



Serving Gaithersburg, Silver Spring, Edgewater, and Washington, D.C and surrounding communities

(301)355-6578

Ask about our new virtual caregiving program, with modern remote monitoring technology!



## **Talking To Your Loved One**

How do you tell your loved one that you are concerned about them living alone at home? How do you help them keep their independence without interfering in their life or making decisions for them?

These are difficult topics to discuss with your loved one. With advanced planning and straightforward discussions, the home care process can add significantly to everyone's peace of mind.

#### **Family Meeting**

Setting up a family meeting can be a great place to begin. Prior to having your loved one attend the meeting, it's wise to have the family discuss care to allow everyone the opportunity to get on the same page.

The support of a family meeting alone may be enough to convince them that they should consider some form of home care before their health deteriorates. Remember, your job is to help them make decisions, not to make decisions for them.

After the initial family meeting, gently suggest they make an appointment with their physician for a thorough evaluation. This professional evaluation can go a long way in helping them decide that they could use assistance in their home.

#### **Have a Plan**

Even with the most thought out and well planned family meeting, resistance from your loved one is normal. If your loved one's health and/or safety are at issue, say so, and push the discussion forward. You can also involve others, such as clergy, physicians or a geriatric care manager.

#### **Moving Forward**

Be direct and speak with them about having a home care agency come to their home and meet with them. This will allow your loved one to get a sense of exactly what such an agency can do for them.



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# Virtual Caregiving Technology

Monitor the health and status of your loved one through assistive technology 24/7, accessible anywhere, anytime.

Seniors living alone are one fall or serious health scare from losing their independence. Skyrocketing professional care costs and widespread COVID-19 in nursing home are frightening, too.

As an add-on to services, our telehealth program includes Virtual Caregiving and Wellness Monitoring to help seniors age at home safely and confidently with affordable care around the clock.

#### **How It Works**

Sign-up loved one based on their needs and technological ability using a smartphone, tablet, computer or landline. They'll receive Daily Health Surveys monitor your health.

Live Remote Care Coordinators (RCCs) will be with your loved one 24/7 and will escalate issues to a Family Member or Nurse, based on pre-defined protocols. Your loved one can be assessed and treated by a doctor using video.

Your loved one will also receive coordination for medication, food and supplies.

- Assigned live 24/7 Remote Care Coordinator
- Customized care plan and reporting to authorized family
- Proactive safety check-ins and reminders
- Chronic care management and COVID screening/monitoring
- Virtual access to board-certified RN/MD



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# Veterans & Spouses Benefits

Did you know that as a veteran of the U.S. Armed Services, you may qualify for a special disability pension benefit that can be used to cover some of the costs of home care services?

#### U.S. Armed Forces Pension and Survivors Pension Benefit Program

The program can cover up to 60 hours each month for care needed by a qualified military veteran with spouse. It can also cover up to 50 hours each month for a veteran that is single. Surviving veteran spouses can receive up to 30 hours of care each month for their home care.

Since the program applies to anyone who served at least 90 days, you could be eligible to take advantage of this earned-benefit program. Disability benefits are available for both service related and non-service related disabilities.

Certain requirements do apply and you should check with the Department of Veterans' Affairs in your state. More information is available online at www.va.gov and search on "Disability Pension."

#### **Additional Benefits Available**

- A veteran or veteran's widow in receipt of service related compensation may be able to receive an increase if they are certified as housebound and in need of personal care.
- Once approved for housebound or aid and assistance, veterans may qualify for free medications, medical equipment, hearing aids and incontinence supplies.
- There may be special benefits available for veterans who served "in country," Vietnam or the Gulf War and for POWs.



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Not all strivices available in every state. Check with your local agency.
https://www.benefits.va.gov/pension/current\_rates\_veteran\_pen.asp‡

# How to Select A Home Care Agency

Choosing someone to help you care for your loved one can be an overwhelming experience. Visiting Angels wants to help you in your research with some simple things to look for when selecting an agency.





Licensed, bonded and insured	<b>✓</b>
Conducts extensive background checks	<b>✓</b>
All caregivers are employees, not contractors	<b>✓</b>
Responds quickly to your needs	<b>✓</b>
Offers free nurse assessments	<b>✓</b>
Offers flexible schedules	<b>✓</b>
Conducts supervisory home visits for free	<b>✓</b>
Only hires experienced and qualified caregivers	<b>✓</b>
Matches clients with best-suited caregivers	<b>✓</b>
Allows you to choose your caregiver	<b>✓</b>
Offers telehealth program	<b>✓</b>

### Why should you hire Visiting Angels over a privately hired caregiver?

- 1 We have case managers who contact you to make sure you are satisfied with your care. Since we are the employer, you don't have to discuss or resolve issues
- **2** We offer support in seeking back up care and immediately assign another caregiver in emergencies.
- **3** We handle all payroll and insurance, so you don't need to worry about worker's compensation or taxes.
- **4** Visiting Angels covers all employment and pay issues, maintaining your friendly home atmosphere while we take care of the rest.
- 5 We offer on-going training for our caregivers and carefully screen and hire them with exensive background and reference checks to ensure your caregivers are the most qualified and trustworthy.

All of these beneifts are included in our rates, which do not increase on the holidays or weekends. You get the most value for your care.



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### **From Our Clients**



My mother has lived with Multiple Sclerosis for decades and her mobility in recent years has worsened so much that she's in need of a home health aid for the majority of each day. It's been extremely difficult for me considering I live in North Carolina.

Visiting Angels has been responsible for providing in-home care for a few years for her. Although my mother would first exhibit no symptoms, she unfortunately, would be diagnosed with Coronavirus just before a weekend in early December.

The representatives of Visiting Angels would jump into action to find a caregiver for my mother to be with her over the weekend hours. Britney would spend that Friday evening working hard to identify a caregiver that could come in the next morning and be with my mother for 8 hours, even with my mother's recent diagnosis.

One of Visiting Angels' coordinators Britney and I would talk several times into the night as she kept me updated on the last minute search. She successfully contacted Kafayat that night to come in Saturday to care for my mother. Kafayat was great and she would call me throughout the day with updates.

We are very happy with Visiting Angels taking care of my aunt. My aunt lives by herself 50 mi from us, about one and a half hour drive each way. My wife and I still visit my aunt every 7 to 10 days, and call every other day.

Visiting Angels has been fantastic. We do not worry about her care because they call us up if there's any question. For example if the bottled water is getting low, they will call or text me. They also take care of the calendar in her house with doctor's appointments and dentist appointments.

We are very happy with their coordination with us. In particular, the two visiting Angels that are with my aunt are very personable and honest. They take great effort, during the coronavirus times, to isolate themselves both when they're with my aunt and also when they are at their own apartments. They drive my aunt to doctor's appointments, and I meet my aunt at the doctor's office.

Initially, visiting Angels provided care just three days afternoons per week. Now they are there 24/7. One lady comes in and stays 3 days a week, and the other 4 days a week . The gradual change from 3:00 afternoons to 24/7 went very smoothly.

Visiting Angels has allowed my aunt to live where she wants to, in her own home near the Chesapeake Bay. This would be impossible without their help. They have been fantastic help.

During the day, Britney continued to try and identify another caregiver for the next day. She would identify Paskal to come in Sunday to care for my mother the remainder of the weekend. Paskal equally provided amazing caregiving and companionship.

Cynthia from Visiting Angels would follow up during the next week to check on me and my mother, which I was very appreciative of. Later in the week, my mother would be taken to the hospital and eventually transported to a nursing rehab facility where she thankfully continues to recover from the virus.

However, I can't express how grateful I am to the Visiting Angels staff for ensuring my mother was taken care of in her time of need during an emergency and very pivotal time for my family.

OJ M., Jan 2021

My family hired Visiting Angels to care for my mother after a cancer diagnosis. They were able to respond to our needs quickly and everything was top notch from the consultant (Mo), the nurse (Mary), the care coordinator (Lynn) and the caregiver (Mary N.).

Everyone was very compassionate and helpful, not only to my mother, but to my family as well. Our caregiver was wonderful. She even brought over 2 identical word search books to engage my mother and try to keep her mind occupied. The caregiver had one book and my mom the other and they would see who could finish the puzzle first. That meant so much to my family that she would think to do something like that. The care coordinator did a great job of keeping us updated with the schedule and everything just ran so smoothly.

I would personally recommend Visiting Angels. They truly gave us a gift of letting us be my mother's family and not her caregivers at a very difficult time.

Jill G., Dec 2019



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