**Angst**

**Sample Tweets / social media text:**

*Reserve your tickets for ANGST, a new documentary about anxiety. We want to start a conversation! #AngstMovie @iNDIEFLIX \_\_\_\_\_\_\_\_\_\_\_(include your personal link here)*

*Candid interviews w/ real teens about anxiety, tools that help and hope. ANGST movie screening, details here: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ @iNDIEFLIX*

*Join us for a free screening of ANGST, a film about anxiety, truth & hope. Really. Let’s talk. #AngstMovie @iNDIEFLIX \_\_\_\_\_\_\_\_\_\_\_ (include your personal link here)*

*We see a lot of anxiety in our schools. By sharing this film, ANGST, we hope to lessen our angst. Join us: \_\_\_\_\_\_\_\_ (your link) #AngstMovie @iNDIEFLIX*

*Do you suffer from anxiety? Does your child? Partner? Learn how to cope & find hope. ANGST screening on XXX, XX/XX: \_\_\_\_\_\_\_\_\_\_\_\_ @iNDIEFLIX*

*Real talk and real people dealing with real anxiety. As it turns out, talking is the best thing for anxiety. Come learn more: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ @iNDIEFLIX*

*Covid has affected everyone’s mental health, and anxiety is a very common and natural reaction. #AngstMovie breaks down what’s going on, so we can move forward. Join us on XX/XX (insert your link) @iNDIEFLIX*

*If you’re dealing with Covid anxiety, don’t suffer alone. Join us at a screening of #angstMovie @indieflix to learn tools and tips on how to deal with this very treatable condition. (insert your link) @iNDIEFLIX*