



Need support? Find your local Employee Assistance Program

Oct. 7, 2020



Your personal health and well-being and that of your families are our primary concern – and we all need extra help, during times like these. To help you manage stress and get support, Liberty offers employees around the globe access to Employee Assistance Programs. All programs offer confidential counseling – at no cost– and many offer additional services for you and your family. Find your location below for more information on how to access EAP services near you and more details on what services are offered that can support you. You can call 24 hours a day, 7 days a week.

Country	Business unit	Service provider	Website	Phone number	Out of country number
Australia	GRS LSM	LifeWorks	www.lifeworks.com/au/	1300 361 008	N/A
Belgium	GRS LSM	Optum	https://livewell.optum.com/	0800 803 58 (Dutch)	+32 16 244 163 (Dutch)
				0800 803 57 (French)	+32 16 244 164 (French)
Belgium	GRS Surety	Optum	https://livewell.optum.com/	0800 803 58 (Dutch)	+32 16 244 163 (Dutch)
				0800 803 57 (French)	+32 16 244 164 (French)
Bermuda	GRS LSM	EAP of Bermuda	https://eap.bm/	+441 292 9000	N/A
Brazil	GRM	Optum	https://livewell.optum.com/	0800 025 4321	+55 21 3139 9165
Brazil	GRM	Auster Assistência Unificada de Serviços Terapia S/S LTDA	www.papauster.com.br	0800 776 3030	N/A
Brazil	GRS LSM	Optum	https://livewell.optum.com/	0800 025 4321	+55 21 3139 9165
Brazil	GRS LSM	Auster Assistência Unificada de Serviços Terapia S/S LTDA	www.papauster.com.br	0800 776 3030	N/A
Canada	GRS	Optum	https://livewell.optum.com/	1888 307 0539	1289 309 6316
Canada	GRS	Homewood Health	https://homeweb.ca/	1 866 896 1244	N/A
Chile	GRM	Optum	https://livewell.optum.com/	800 261 060	N/A
Chile	GRS LSM	Optum	https://livewell.optum.com/	800 261 060	N/A
China	GRM	Optum	https://livewell.optum.com/	800 820 8723	+86 21 6101 0030
China	GRS LSM	LifeWorks	www.lifeworks.com/au/	400 650 6605	N/A
Colombia	GRM	Optum	https://livewell.optum.com/	01 800 954 5724	+54 11 5299 2140
Colombia	GRS LSM	Optum	https://livewell.optum.com/	01 800 954 5724	+54 11 5299 2140
Ecuador	GRM	Optum	https://livewell.optum.com/	1800 102 055	+54 11 5299 2140
France	GRS LSM	Optum	https://livewell.optum.com/	0800 902432	+33 153 041 693



Country	Business unit	Service provider	Website	Phone number	Out of country number
Germany	GRS LSM	Optum	https://livewell.optum.com/	0800 321 2345	+49 431 895 1932
Hong Kong	GRM	Optum	https://livewell.optum.com/	2581 1811	+852 2581 1811
Hong Kong	GRS LSM	LifeWorks	www.lifeworks.com/au/	2581 1811	N/A
India	GRM	Optum	https://livewell.optum.com/	1800 102 7293	+91 80 6764 9900
Ireland	GRS LSM	Optum	https://livewell.optum.com/	1800 409 476	+44 1865 397 052
Ireland	GRM	Irish Life	www.irishlifehealth.ie	N/A	N/A
Ireland	LIT	Optum	https://livewell.optum.com/	1800 409 476	+44 1865 397 052
Ireland (Belfast only)	LIT	Optum	https://livewell.optum.com/	1800 409 476	+44 1865 397 052
Ireland (Belfast only)	LIT	CareFirst	http://eap-carefirst.com/	0800 0155 630	N/A
Ireland (Dublin only)	LIT	Optum	https://livewell.optum.com/	1800 409 476	+44 1865 397 052
Ireland (Dublin only)	LIT	Healthy Minds	http://eap.irishlifehealth.ie/	1850 718 888	N/A
Italy	GRS LSM	Optum	https://livewell.optum.com/	800 979328	+39 34 93 51 09 96
Luxembourg	GRS LSM	Optum	https://livewell.optum.com/	800 211 37 (English)	+ 32 16 244 169 (English)
				800 263 80 (French)	+ 32 16 244 164 (French)
				800 251 92 (German)	+49 69 905 55 29 55 (German)
Malaysia	GRM	Optum	https://livewell.optum.com/	(03) 2169 6134	+ 60 3 2169 6134
Malaysia	GRS LSM	LifeWorks	www.lifeworks.com/au/	(03) 2169 6134	N/A
Mexico	GRS LSM	Optum	https://livewell.optum.com/	800 702 6701	+ 52 55 5615 8989
Mexico	GRS Surety	Optum	https://livewell.optum.com/	800 702 6701	+ 52 55 5615 8989
Netherlands	GRS LSM	Optum	https://livewell.optum.com/	08000 228 648	+32 16 24 41 63
Netherlands	GRS Surety	Optum	https://livewell.optum.com/	08000 228 648	+32 16 24 41 63
Peru	GRS LSM	Optum	https://livewell.optum.com/	0 800 52038	+ 54 11 5299 2140
Peru	GRS Surety	Optum	https://livewell.optum.com/	0 800 52038	+ 54 11 5299 2140
Portugal	GRM	BhBienestar	https://www.bhbienestar.es/	N/A	N/A
Singapore	GRM	Optum	https://livewell.optum.com/	800 616 2407	+65 6232 2115
Singapore	GRS LSM	LifeWorks	www.lifeworks.com/au/	800 616 2407	N/A
Spain	GRM	BhBienestar	https://www.bhbienestar.es/	N/A	N/A
Spain	GRS Surety	Optum	https://livewell.optum.com/	900 811 195	+ 34 915 616 707
Switzerland	GRS LSM	Optum	https://livewell.optum.com/	0800 00 24 30 (English)	+ 44 1865 399 825 (English)
				0800 564594 (French)	+41 22 566 11 78 (French)
				0800 564595 (German)	+ 41 449 305 855 (German)
				0800 561751 (Italian)	+ 39 34 93 51 09 96 (Italian)
Thailand	GRM	Optum	https://livewell.optum.com/	(02) 231 8011	+66 2231 8011
U. A. Emirates	GRS LSM	Optum	https://livewell.optum.com/	80004446793	+ 44 1865 397 074
UK	GRS LSM	Optum	https://livewell.optum.com/	0800 282 193	+44 203 701 7091
UK	LIT	Optum	https://livewell.optum.com/	0800 282 193	+44 203 701 7091
USA	All	Optum	https://www.liveandworkwell.com/	1 866 808 2815	N/A
Vietnam	GRM	Optum	https://livewell.optum.com/	(024) 3935 0949	N/A

