

STANDING DUAL ACTION SPATIAL AWARENESS TRAINER

Features:

- *An excellent cross lateral movement that creates a crossing of the midline movement
- *Provides Vestibular Activation and Spatial awareness
- *Pivoting Spin Plate

Academic Benefits:

- *Energizes the brain for learning
- *Allows brain to process information efficiently
- *Increases focus and concentration by activating neurons in the brain

Associated Movements:

- *Spinning
- *Body Control Movement
- *Balance Activities

Physical Benefits:

This total body exercise machine exercises both upper and lower body at the same time, or individually. The onboard computer provides speed time distance and calorie count. The built in wheel system makes this unit extremely portable.

