## Comfortland SI-23 Sacro Stabilizer

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

## **PREPARATION**

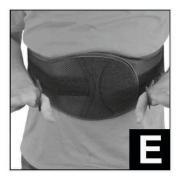
1. The SI-23 Sacro Stabilizer is designed to fit sizes small to 4XL with minimal adjustment. To adjust sizing, simply remove each side of the belt from its Velcro tab on the back panel, cut or fold each side of the belt to the desired size, and re-attach to the Velcro tab on the back panel. (Fig. A)

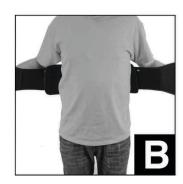
## **APPLICATION**

- 1. Place the Sacro Stabilizer so that the back panel is centered on your spine just above the waist. (Fig. B)
- 2. While keeping the back panel centered, wrap the left side panel around your abdomen. (Fig. C)
- 3. With the left panel held tight to your abdomen, wrap the right side panel around and secure it to the left side panel. Check to see that the back panel is still centered on your spine and adjust if needed. (Fig. D)
- 4. Grab the compression straps using the thumb loops and simultaneously pull the compression straps away from your body until the desired level of compression is achieved. (Fig. E)
- 5. While keeping the compression straps tight, bring each strap around and secure to the front of the brace. For maximum compression, lie on a flat surface once the brace is secured and re-adjust the compression straps. (Fig. F)













## **CLEANING INSTRUCTIONS**

Hand wash with warm water and mild soap and rinse well; making sure to remove all soap residue, as it can cause skin irritation as well as deterioration of the orthosis. Air dry. Do not expose to direct heat or sunlight while drying to prevent shrinkage and damage.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

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